

October 25, 2016

KIWASSEE

SMOKE SIGNALS KIWANIS

[www.kiwassee.org](http://www.kiwassee.org)

Greeter: ??

Chair: Fred Honerkamp

Invocation: Penny Ecarius

Editor: Diane Stevens

#### CALENDAR

**Thursday, October 27:** ROCK Fundraiser, Valley Plaza, 7-9 pm (Doug Snoddy/Jim Rajewski)

**Thursday, October 27: 6pm,** Garber Chevrolet, Golf Committee 2016 wrapup, 2017 plans (R Briggs)

**Saturday, November 5: 10am,** load in of nuts and candy, Salvation Army, 330 Waldo

**Tuesday, November 8: 1:30pm-5:30pm,** Nuts & Candy Store opens for first time

**Wednesday, November 9:** YWCA Women's Empowerment Symposium (Carolann Guillemette)

**Saturday, November 19:** Holiday parade, meet at Midland High School parking lot, 9am

**Thursday, Dec 1: 11:30am-1:00pm,** H Hotel, Arc of Midland's Fundraiser, \$200/table sponsorship (Bruce Rayce/Cathy Anders)

**Saturday, December 17:** Last day to return product to store, keep your inventory lean and mean!

**Tuesday, December 20:** Kiwassee Christmas Lunch

**Thursday, December 22:** Last day of sales, Nut House closes

#### ANNOUNCEMENTS

**Roger Briggs:** Kiwanis of Michigan Foundation donations accepted, traditionally \$45 each, but more is welcome.

**Al Burmester:** Sign up to help with Nuts & Candy unloading, Saturday, 11/5, 10:00am, and to work store shifts. While being storekeeper or customer, check the item entries on checkout forms carefully. Make sure the correct product is indicated.

**Sam Choo:** He recently attended a Dow Retiree lunch and discussed connecting with current, active Dow employees to introduce them to Kiwassee Kiwanis. Stay tuned.

**John Congleton:** New Hope Village took in \$95,000 in donations in the last 7 days! And the school building is approved!

**Jack Higgins:** Turn in T&A money ASAP.

**Dick Jellum:** Community Service received a thank you note from Camp Fishtails for a \$200 contribution. Campfishtails.org

**Larry McCoy:** Meet at Midland High School, 9am, 11/19, to march in the holiday parade; thanks to Martha for writing the MDN article about the recent successful Adopt-A-Highway pickup experience with Key Club; over \$300 worth of tickets were sold at the door of the recent T&A.

**Ben Tierney:** Fun Committee question: What agency matched, 2 to 1, the Kiwassee Kiwanis Foundation \$5000 donation to the STEM school development? Answer: Midland Community Foundation, by Betsy Sullivan. But no prize today!

**Bruce Rayce:** Bruce introduced Cathy Anders, Arc of Midland president, who encouraged us to attend the Arc fundraiser lunch, Thursday, 12/1, at H Hotel, 11:30am to 1pm. Tables seat 10, and a table sponsorship is \$200.

**Fred Honerkamp:** Santa School is in session in town! A Kiwanis membership Kick Starter Program is in progress from now until the end of November. For every new member you bring in, your name goes in a pool. At the end of the program, a name is drawn as winner of two round trip airline tickets worth \$500 each. At the recent BOD meeting, Foundation members, program calendar, and budgets were approved. The NHV contract for the \$25,000 "Big Give" was extended to the end of the year. The Partners Program, a result of much hard work by Mike Cronenberger, with Midland's Young Professionals group was approved.

**Guests:** Bethany Law was Karen Adam's guest, Linda Rector accompanied Penny Ecarius, and Vicki Roberts was Roger Moll's guest.

#### SCOTT SCHAFFER, EMS EDUCATION COORDINATOR, MMRMC AND PARAMEDIC

Scott made time in his schedule for this important presentation regarding heart attack and stroke. "Cardiovascular emergencies are the number one emergency in the US." Time is critical, as within two hours of the appearance of symptoms, most victims die. High Performance CPR (HP CPR) and defibrillation combined provide the best outcome, and the latter optimally must occur in the first eight minutes of the attack. If downtown businesses, churches, restaurants, and public buildings all had AED units (Automatic Electronic Defibrillators), and citizens were trained to use them and perform CPR, survival rates would greatly improve.

Symptoms of a cardiovascular emergency are being short of breath, dizzy, sweating, indigestion, radiating pain, and a crushing pain in the chest, but these symptoms can also be indicative of anxiety, stress, and simple indigestion, all look-alike events. Don't deny the possibility of a heart attack! Call 911 and let EMS do their job. There is no charge for them to come to you, and if it is a heart attack, quick response can save your life.

Stroke is a "brain heart attack", with a blocked (ischemic stroke), or broken or ruptured (hemorrhagic stroke), artery/vessel interrupting blood flow to the brain. Symptoms can be severe headache, feeling of weakness, vision disturbances, high blood pressure, or drowsiness. Use FAST to determine if someone is having a stroke: F for face, does it droop on one side when smiling? A for arms, do they drift or droop when held out? S for speech, is it abnormal when repeating a phrase? T is for time to act quickly and call 911 if even one of these criteria are met.

**WE MUST BE OUT OF THE FELLOWSHIP ROOM BY 1:15PM NEXT WEEK.**

**ALL SMALL GROUP MEETINGS MUST FIND ANOTHER AREA WITHIN THE CHURCH TO CONVENE.**

**NEXT WEEK:** Misty Jenks speaking about the YMCA, Greeter: Jim Young