

October 3, 2017      **KIWASSEE SMOKE SIGNALS KIWANIS**      [www.kiwassee.org](http://www.kiwassee.org)  
**Chair: Snoddy      Invocation: Snoddy      Pig Master: Jellum      Editor: Stevens**

**Tuesday, 10/10:** Creative 360 Fundraiser (Alex Rapanos)

**Saturday, 10/14:** Adopt A Highway Pickup with Key Club (Doug Snoddy)

**Wednesday, 10/18:** Aktion Club Talent Show (Kathy Allen)

**Tuesday, 12/12:** Christmas Party for first graders at Central Park Elementary (Duane Townley)

### ANNOUNCEMENTS

**John Congleton:** Keep Roger Briggs in your thoughts and prayers as he has heart surgery Thursday, Martha too, as she takes the nurse role. Three or four folks are needed to help with siding the garage at NHV. Shouldn't take too long. Contact John.

**Al Forster:** Invoices have been sent out/emailed. Please pay your dues!

**Cal Hoerneman:** T&A packets were due to be returned last week. Stragglers?

**Doug Snoddy:** HH Dow Key Club members and Kiwassee will do highway pickup 10/14, should take about 2.25 hours. Contact Doug for timing and place.

**Membership News:** Bob Nankee is in Stratford Pines Rehab after the auto accident. He would appreciate a call, card or visit. Warren Frank's significant other was in an auto accident and has many months of recovery and rehab ahead of her. Fred and Bruce were called forward to receive gifts of appreciation for their leadership and service to the Club. Thank you, gentlemen.

**Incoming President Doug:** Although Installation of Officers will not be until next week, Incoming President Doug provided a brief look at his strengths, foibles, and hopes for his upcoming year as our Benevolent Leader. He will set realistic goals for the Club, and will appreciate all levels of participation, realizing we are volunteers and have many demands on our time. "We do great work and I know I will have fun this year. I hope you all can find your place and manner within which you can share in the fun."

### KATHRYN TATE - MIDLAND'S OPIOID CRISIS AND RESPONSE

Kathryn is Community Integration Leader for The Legacy Center. Opioids, whether from the opium poppy plant or synthetically created, are commonly prescribed narcotics (Narco, OxyContin, Vicodin, Morphine and others) for control of pain. Heroin is also an opioid. Physicians have been historically quick to prescribe such medication after surgery or injury, as no/low pain equates to "good medicine". However, opioids affect the brain's pleasure centers and can easily create a dependency, requiring a continually greater dosage. The opioid epidemic is a national issue as opioid overdose is the leading cause of accidental death. Midland County is not without serious problems, with 148 Narcan reversals needed within a 16 month timeframe. Misdirected prescription opioids are an unfortunate source of the drugs, and almost 100,000 opioid prescriptions were written in 2016. Addiction is a brain disease that destroys families, increases crime in communities, reduces productivity in businesses, and can be found in all socio-economic groups. Midland has created a three part team response: 1)CHIP-SUD Team = Community Health Improvement Plan-Substance Use Disorder Team, 2)Community Alliance 4 Youth Success, and 3)Midland County Treatment and Recovery Coalition. CHIP-SUD is made up of community leaders who assist by setting priorities, giving direction, and removing barriers. Community Alliance will focus on educating young athletes about pain management risks. This group has 4 staff and 12 volunteer presenters who can provide students with real life experiences. The third group focuses on prevention in adults and recovery and treatments. Kathryn recommended: 1)have a frank conversation with a physician before pain relief opioids are prescribed, 2)talk with others about opioid risks, 3)help fight the stigma of addiction by sharing what you know and supporting those in recovery, 4)volunteer with a coalition, 5)dispose of prescription opioids properly at the Law Enforcement Center or a "Dump Your Drugs" event. If you have further questions or concerns, contact Kathryn at The Legacy Center for Community Success, [KTate@tlc4cs.org](mailto:KTate@tlc4cs.org).

NEXT WEEK: OFFICER INSTALLATION, NUTS & CANDY; KIM C-INVOCATION , JOHN C-GREETER