

June 26, 2018

KIWASSEE SMOKE SIGNALS KIWANIS

[www.kiwassee.org](http://www.kiwassee.org)

Chair: Roger Moll

Invocation: Jim Young

Editor: Briggs

## CALENDAR

**Tuesday, July 3:** Community Service meeting after the regular meeting (Jellum)

**Tuesday, July 10:** Pinecrest Picnic, 5 p.m. (Jellum)

## ANNOUNCEMENTS

**Dick Jellum:** The last Pinecrest Picnic is July 10 at 5:00. Come at 4:30 if you can help unload the food. The Community Service Committee is discussing a new event to replace this one.

**Bruce Rayce:** Many guests attended the May 22 panel discussion about issues facing Midland County youth. Consider inviting one or more of them to join Kiwassee! In other news, Bruce needs drivers for two Kiwanis Club meetings in our division: Saginaw on Thursday 6/28 and Mount Pleasant on Monday 7-2. See him if you can help.

**Brian Goodwill:** Please sign up to give an invocation; the sign-up sheet is circulating.

**Martha Briggs:** You can support the Kiwanis golf outing July 23 in a variety of ways: make a donation, commit to a sponsorship, donate a door prize or silent auction item, encourage businesses you frequent to support the outing, play in a foursome...forms are on the badge table. Betsy Sullivan will have the volunteer sign-up sheet next week. Also, see Ray Senesac or Martha Briggs if you can help them install flags along Eastman Road next Wednesday, July 4.

**Roger Moll:** Remember to use the notebook on the table outside the Gathering Room door to sign in any guests you bring, and check their status—personal, committee, program. The District Foundation is experiencing cash flow problems, so purchase or sell raffle tickets or make your annual donation now rather than waiting until the end of the year.

The Foundation supports four children's hospitals in Michigan: Northern Michigan Children's Hospital in Petoskey, Mary Free Bed in Grand Rapids, C.S. Mott Children's Hospital in Ann Arbor, and Detroit Mercy in Detroit.

It's great to see Doug Snoddy here today! Doug caught members up on the condition of his relatives' health: his sister-in-law in Canada is doing well enough that she may be able to return home, after recovering at her daughter's, very soon. His son-in-law continues to undergo seven-hour dialysis every day; the family is optimistic about his mother being a match for a kidney transplant. After almost two weeks in Midland, Doug and Cathy will head back to Illinois at the end of the week, likely staying there until the end of the summer.

The Board of Directors met last Thursday and concluded that, according to Roger, "You guys are behaving really well!" Well, of course we are! The Club donated \$200 to the Kiwassee Foundation in memory of Jack Higgins and Gerry Schwark (\$100 each). The Board discussed ways the club can follow up on information and insights from the May 22 panel featuring Judge Dorene Allen, Midland County Sheriff Scott Stephenson, MPS Superintendent Michael Sharrow, and the ROCK Executive Director Beverley Wenzel.

**GUESTS:** CarolAnne Guillamette introduced Dan McKune, a trust officer at Chemical Bank; Mike Cronenberger introduced Sue Landis, who manages the Juvenile Care Center's mentor program.

## PROGRAM: Ashley Hunt, MidMichigan Health (MMH)

Laura Hintz, Bayside Home Care Administrator and Advance Care Planning (ACP) facilitator, introduced Ashley, MMH's ACP Department Administrator and Specialist. Ashley began her presentation with two questions: "If something happened TODAY...who would speak for you? Would that person know what to say?"

ACP addresses those questions by helping you talk to family and friends about your quality-of-life decisions, and Ashley strongly encourages everyone over the age of 18 to have these difficult conversations early and often, to record the decisions made, and to communicate the information with family members, friends, and health providers. It's important to update the plan to reflect life changes like divorce, diagnosis, and a decline in physical or mental health.

It's essential to select a suitable patient advocate—the person must be an adult, willing to discuss your goals with you, and able to follow your wishes in difficult situations. Most importantly, your patient advocate must understand that he or she is your VOICE, simply communicating YOUR decisions. It's not an easy role to play.

Ashley brought to booklets for members to take: a workbook for completing a Designation of Patient Advocate Form and the actual form itself. She recommends you make copies to give to your doctors, family, friends, your home care agency, the hospital, etc.; travel with a copy as well. AND keep a copy on the refrigerator for EMS workers!

For more information, visit <https://www.midmichigan.org/patients-visitors/patient-information/designating-a-patient-advocate/faq/> or contact Ashley at [ashley.hunt@midmichigan.org](mailto:ashley.hunt@midmichigan.org).